



1st October 2026

Dear Parent/Guardian

PSHRE Curriculum Updates 2026

As PSHRE lead, I would like to share with you the updates and additions to our PSHRE curriculum following the government's new statutory guidance that has come into effect this academic year.

PSHRE continues to be taught in tutor time, although the provision has now been increased and students spend two tutor sessions a week exploring PSHRE topics, instead of only one. This allows for greater depth of discussion and development of the topics. This is alongside our 10 week D&T PSHRE rotation in KS3 and dedicated PSHRE lessons in Science in KS4.

The new guidance has seen a number of statutory additions to the KS3 and KS4 curriculum to educate students on keeping themselves and others safe, looking after their well being and allowing them to develop a sense of responsibility and empathy in our rapidly changing world.

These additions and enhancements include:

- Online safety and digital harms
- Financial literacy
- AI and deep fakes
- Personal safety including: water, firework, road and rail safety
- Women's health and men's health
- Male and female infertility
- Change, loss and bereavement
- Climate change anxiety
- Misogyny

As with previous years, students are taught the correct terminology for human anatomy, including genitalia, and sexual health. Our statutory PSHRE content is taught safely and age-appropriately in school; it is not intended to give detailed instruction, and all teaching is delivered by trained staff within our safeguarding policies.

At St Clement's we would like to assist you in understanding the resources and terminology we use in PSHRE to enable you to support your children at home. To do this we are providing the following:

- Curriculum maps available on the school website
- Samples of PSHRE resources available to view on the school website
- KS3 and KS4 key vocabulary lists available to view on the school website
- E-mail: k.ambrose-bone@stclementshigh.org.uk for curriculum questions or resource viewing requests.
- PSHRE updates in our School Newsletter

I also invite you to use this google form to communicate how we can further assist you to support your child's PSHRE education here: <https://forms.gle/GsSM3hkzLVxBKaXa9>

Yours sincerely,

[Katie Ambrose-Bone](#)
Head of PSHE



ST CLEMENT'S HIGH SCHOOL



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