



23rd April 2025

Dear Parents/Carers,

I am pleased to inform you about an exciting upcoming trip for our Year 7 students to **The Playground**, an outdoor assault course in Bury St Edmunds. This will be a fantastic opportunity for students to take part in a range of physical challenges, work as a team, and develop resilience in a fun and engaging environment. The trip will take place on **Friday 27th June**. Students need to arrive at school at the normal time, and we will return before the end of the school day.

During the trip, students will participate in a variety of activities, including: A 1km long, 30-obstacle assault course, Tug O' War, Tractor Tyre Flips, Giant Noughts & Crosses, Car Tyre Course Challenge, Muddy Ditch Relays. As this is an outdoor activity, students should wear clothes and footwear that they don't mind getting wet and muddy. In addition, they will need to bring the following items:

- **A packed lunch** (If your child is eligible for free school meals, a packed lunch will be provided).
- **A change of clothes**
- **A change of footwear**
- **A towel**
- **A bin bag** to put wet or dirty clothes in

The Playground also has a selection of cold drinks and snacks/ice creams for sale on site. If pupils would like to bring some pocket money, these will be available to purchase at the end of the session.

The total cost of the trip is **£33.00**. Payment should be made via the MCAS app in two instalments of £16.50, both of which must be paid by **Friday 6th June**. In the event your child is unable to attend or you subsequently fail to make any payments, any instalments paid to date will be non-refundable (except in the event of a medical condition preventing participation). Additionally, parents will need to complete and sign the attached waiver. If you have any questions or require further information, please do not hesitate to contact me.

Yours sincerely,

Mr S Bailey
Head of Year

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Please return completed trip forms to the trip box by (Friday 6th June)

The Playground- Friday 27th June

I give consent for (name)..... Tutor Group.....to attend The Playground trip. I will arrange for payment of £33.00 to be paid via MCAS in two instalments. I understand that should my child be unable to attend this trip the deposit will be non-refundable.

Signed Parent/ Carer:..... Date:.....

CHILD'S NAME _____

DATE OF BIRTH _____



PARTICIPANT WAIVER

I (the undersigned, as the parent/guardian of the above-named child) acknowledge and accept that;

1. The risk of injury from the activities involved with the 'Event*' (*all activities run by Assault Your Senses Ltd) is possible, including (but not limited to) the following; sprains, strains, fractures, heat & cold injuries, over-use injuries, animal bites/stings. Whilst Assault Your Senses Ltd has robust systems & processes in place to mitigate this, the risk of injury does exist.
2. After opportunity to fully inform myself about the 'Event', I knowingly accept all such risks exist – and assume responsibility for my participation in the 'Event'.
3. Upon viewing the video safety brief OR receipt of a verbal safety brief from the Playmaker/s on duty, I confirm that I understand & will adhere to all of its content during my participation in the 'Event'.
4. I attest and verify that I am free from all illnesses – including Covid19 - & injuries that could interfere with my safe participation in the 'Event', and that I am physically fit and sufficiently prepared to participate in all activities associated with the 'Event'.
5. My participation in Assault Your Senses Ltd 'Events' is entirely voluntary.
6. If I observe any unusual and/or significant hazard during my presence/participation, I will remove myself and bring such hazard to the attention of the nearest Playmaker.
7. I consent to administration of first aid (by a first aid-trained Playmaker) in the event of injury or illness during the 'Event'.
8. Unless I make it known to the contrary prior to the session commencing, I give consent for any photos or videos taken by Playmakers during the 'Event' to be used by Assault Your Senses Ltd on their website & social media channels.
9. Furthermore I agree not to hold Assault Your Senses responsible for any injury loss or damage arising from this activity.

NAME OF PARENT/GUARDIAN _____

SIGNATURE _____

CONTACT NUMBER _____

EMAIL ADDRESS _____

DATE _____