



7th September 2020

Dear Parents and Carers,

As the school returns with our new COVID19 secure procedures in place, we need to provide more information on PE lessons and changing arrangements.

Unfortunately like many schools our PE changing rooms can be quite crowded and therefore pose an increased risk of spreading the virus. In line with national guidance and conjunction with all PE departments in the West Norfolk region we have agreed that students will not use the changing rooms but will instead be asked to arrive at school wearing their kit on the days they have PE. Students will stay in their kit for the whole day.

To ensure students are warm enough and appropriately dressed for attending other lessons, we ask that students wear their school PE tracksuit trousers/track pants or school trousers over the top of their shorts/skorts. Students may wear their school PE leggings if they are comfortable to do so. We also expect students to wear their blazers.

The first PE lesson in the year is always a theory lesson and PE kit is not required that day.

Following Government COVID19 guidance, PE lessons will offer a revised curriculum which reduces the chances of students becoming too hot. While this guidance is primarily aimed at reducing the spread of the virus it should also ensure students can wear their PE kit comfortably for a whole day. If the weather deteriorates it may become necessary for student to bring a change of footwear.

This is a temporary measure which we will review regularly.

Thank you for your support in this matter.

Mr N. K. Willingham
Headteacher

Mr R. Osler
Head of PE