



AUTUMN TERM – FORM TIME
Health and Wellbeing - Active Bystanders - Mental Health and Wellbeing - Managing and improving mental health - Self Esteem - Stress - Importance of a healthy lifestyle - Sleep

SPRING TERM- FORM TIME
Health and Wellbeing - NHS - **Blood and organ donation** - **Monitoring health** - **Risks of cosmetic procedures**. - **Risk - Gambling** - **Online Rights and Responsibilities**

SUMMER TERM
Relationships - Positive relationships - Parenting and Family Life - Stalking and harassment (online and offline) - Manipulation and coercive control - Domestic abuse

Delivered in Science Lessons - Sex, Sexuality and Sexual Health

Post 16 Courses

SUMMER TERM-FORM TIME
Wider World -Finance - Budgeting - Credit and Debt - Money Stresses and Pressure Communities - Living in Britain - Equality act and hate crimes - Discrimination - Democracy and voting.

SPRING TERM – FORM TIME
Relationships - Identity - Gender Identity and transgender - Individual, family and community values - Diversity in sexual attraction and sexuality - Grooming and sexual harassment

AUTUMN TERM- FORM TIME
Health and Wellbeing - Active Bystanders - Body Image and Media - Eating disorders - Self-confidence and mental health - Online/offline balance - Effect of advertising on health

Delivered in Science Lessons - Alcohol, Tobacco and Other Drugs, Alcohol, Tobacco and Other Drugs, Health Lifestyle

Year
10

KS3
Curriculum

PSHE KS4 Learning Journey

Further details can be found in the Curriculum Plans for each subject