

West Norfolk Academies Trust

June/July 2018

# news@stclements







### prom@stclement's

It was a glitzy and glamourous affair for our students on their Prom Evening.

Students celebrated the end of their time with us by arriving in style at school and walking the red carpet. When all had arrived they were transported to King's Lynn Town Hall to continue their special evening.

For one evening they felt like celebrities. They posed for photos and danced the summer's evening away in the elegant surroundings of the town hall.

The students thanked all the staff involved for making their evening so special.













## prom@stclement's







## prom@stclement's







## science@stclement's

# On the 29th June 13 year 8s went to Smithdon High School to take part in "Bringing Scientists to You". An event run by the UEA.









"I personally found the trip to be very informative and enjoyable. We covered topics such as probability and climate change, that I quite enjoyed.

The talks about UEA itself were also quite insightful and helpful. I will say however that my favourite part of the trip was the probability section, as I found the use of probability trees and the use of the 'Monty Hall Problem' to be quite revealing and fun. Overall I appreciated the experience and I am happy that I was allowed the opportunity to participate." (above report by Charly, a year 8 student)

"The Bringing Scientists to You trip took us on a voyage of discovery. The outreach project by the UEA has helped broaden our understanding of science and university life. At the five workshops we completed we learnt about: secret messages, probability, DNA, Pharmacy and out changing planet. My favourite bit of the day was the Pharmacy as we made every day medical devices from their chemical bases. "



Photographs showing the story of DNA. The sample bottle (right) contains strands of DNA.





report by George, a year 8 student)





## science@stclement's



The Cosmos Roadshow came to our school 19th to 22nd June.

This was an interactive science extravaganza which comes into schools and has lots of practical experiments for the students to try out for themselves.

www.cambridgesciencecentre.org/ cosmosonline









### library@stclement's

West Norfolk
Academies Trust



#### **Accelerated Reader News**

Lillian Frost is the first student to have read over a million words since October 2017. To date her total is ... **1, 131,812.** 

Well Done Lillian. Lillian chose a purse as her reward.

#### **Reward Party.**

Twenty six students were invited to a small party to acknowledge their achievements and



effort. Some had read a large amount, some had improved their reading age and some had put in extra effort. They had pizzas, snacks, cake and squash to eat and all took part in a light hearted quiz. Well done to all who attended.

A thank you letter received from a year 7 student:

The party was the best educational party I have ever been to. If you were there you had the time of your life. There was cake, crisps, pizza and music. If you were there you would have had a rocking amazing time, it was epic!

I would like to thank Miss Ballard, Mrs Roper and Mrs O'Connell for everything they did and for inviting me.

Yours sincerely Ashley Keatleigh



## french@stclement's

On the 6th July at 3 am, Mrs Drake, Mrs Groom, Miss Frostwick, Mr Modica and forty two students (years 7-10) departed from Terrington bound for a four day trip to Paris .

This trip was organised so students can practice speaking and hearing French, as well experiencing a small part of the French culture. *Below is a report by a year 7 student*.

After a very early start (3am!) we headed off on our journey.

Our first stop after our ferry ride was the chocolate factory "Chocolat Beussent Lachelle", where they explained how they make their chocolate and then we got to try some!

Later on we arrived at our pod village, which was in the grounds of Chateau de Warsy, a beautiful, old French chateau. After playing a monster game of foot rounders we headed to bed for our busy day on Saturday.



On Saturday, we went for a tour of the town of Montdidier, where our guides talked us through the history of the town and then we went to a local bakery and café to practise our French ordering skills.

In the afternoon, we completed different activities. We were split in to 4 groups and did 2 of the following activities; crate stacking, blind trail, survival skills and team building. All were brilliant and required a lot of concentration and determination!





## french@stclement's



After dinner this evening, those that were brave enough had the opportunity to try frog's legs and snails! It was definitely an experience!

On Monday, we stopped at the beach for some fun, where we ate lunch and had a paddle in the sea.

It was an amazing trip, with lots of French experiences and everyone thoroughly enjoyed themselves!

My favourite part about the French trip was when we went to the Eiffel Tower because we had a picnic in front of it and it looked amazing. I also liked it when we tried snails and frogs legs because they were both delicious.

Ellie Andrews

On Sunday, we were up early on our way to Paris. Having driven around the Arc de Triomphe our first stop was the Montparnasse Tower. Eighty nine floors high, it offers a unique 360° view of Paris below. Then we went on to the Eiffel Tower, where we sat and had a picnic lunch. Next up, we went on a boat tour on the river Seine, where we took in all the sites – Notre Dame, Le Louvre, Le Place de la Bastille and many more. To finish, we walked up Montmatre, to the Sacre Coeur Basilica, where the view was again incredible!







### outside@stclement's

Former St Clement's student Carly Hain attended Prince Harry's and Meghan's Wedding. A fitting reward for her good work .



Youth worker Carly said watching the Duke and Duchess of Sussex emerge from St George's Chapel as newlyweds was "magical"

Carly Hain , 25, was one of 1,200 community champions nominated to be a part of the royal wedding in May.

She said"I know we were expecting to see them, but it was surreal, "

Along with her boyfriend Josh Whitaker, Miss Hain was collected by a chauffeur and driven from her home in Leverington.

"The driver was in uniform and opened the door for us and we were taken to a hotel about 20 minutes away from Windsor. It was all free of charge." said Miss Hain, who volunteers for SPEADA Youth Charity.

"The following morning , the couple were taken to the grounds of Windsor Castle where they watched members of the royal family and other celebrity guests walk to the chapel for the ceremony.

Miss Hain said"We wanted to sit on the grass area but with 1,200 of us and their plus one's it was very busy. So we stood behind a BBC cameraman.

"We had a wave from David Beckham , saw Victoria Beckham and James Corden, it was so exciting, a magical day."

"We wish Harry and Meghan the very best for the future."



### outside@stclement's

Sixteen year old Lucy Enfield is making her hobby into possible exciting future.

Lucy's training is conducted mainly at The National Water Sport Centre in Nottingham. By gaining her Paddlepower Passport (equivalent to British Canoe 2 star) she is able to assist in the instruction of beginners. She has also gained other canoeing, paddle boarding and kayaking qualifications.

Lucy said "I'd like to go onto advanced training to ultimately become a full time instructor in all water types (sea, rivers, lakes). I also hope that I may be able to get involved with the Olympics 2020.

"I have been doing water sports since I was 9 years old and I love it as it is different to anything else that I have done so far.

Just taking part in these sports has improved my strength, fitness levels and confidence."

Lucy went on to explain that she has taken part in her sport in several other venues such as Alton Water, Rutland Water, Newark, Rivers Trent, Wissey, Soar and Hunstanton coast.

Lucy clearly enjoys her sport and we hope in the future we hear more good news of her achievements.



Above: Lucy carefully manoeuvring her kayak.





### West Norfolk Academies Trust news@stclements

## sportsday@stclement's







## **PE@stclement's**



WON

15% - 7%

McKenzie Sewell

N/A

Trinity

Ices,

3

9

6

Katy Ceacey

Sermione Hammo

WON

2655 - 6

Player of the Match

YR 8

Second of the Manual

YR 9

aver of the Match

YR 10

of the March

Lexie Halpin

McKenzie Sewell

WON

16% - 11%

Ellie Hemming

McKenzie Sewell

N/A

Trinity Tokaja

McKenzie Jessie

WON





### PE@stclement's

#### **County Fishing Final**

Once again St Clements qualified for the county final after winning the West Competition. The team finished 8<sup>th</sup> overall. Liam Wagg was the outstanding performer, landing the biggest catch of the day!!



#### **Sports Leaders**

Our Yr10 Sports Leaders, as well as many Yr9's have helped out with the Terrington Primary Sports Day (at Terrington Primary) and the Cluster Sports Day (at St Clement's High). They ensured that everything was set up ready to go, so the events ran smoothly and the pupils had an enjoyable time.

The **TOP LINK FESTIVAL** is also just around the corner with 300+ reception, Yr1 & Yr2 pupils in attendance being taken through a range of activities lead entirely by the Yr10 sports leaders. GOOD LUCK EVERYONE!

#### **Mixed Rounders Tournament**

We held an in-house mixed rounders competition in order to allow the boys to take part as they are not involved in the league and really enjoy playing the game. It was the students responsibility to create and enter teams, from which 4 teams entered and 3 attended on the day. The rules stipulated a minimum of 4 girls in a team with the rest of team their decision. This tournament brought a high level of competition with some very well stuck balls, amazing catches and a demonstration of their in depth knowledge of the rules.

The Final Result: Yr7 & 8 defeated the Yr9 13 to 12½. Robert Osborne was Player of the Match.





## PE@stclement's

St Clement's PE department held their annual Sports Awards Evening on Thursday 5th July. The guest speaker was Sam Ruddock whose speech was engaging anf entertaining and hoped he had inspired our students to achieve more.



Photo above: Sam Ruddock

#### **PE Presentation Evening**

<u>About Sam Ruddock.</u> Sam is a Paralympic track & field athlete for Great Britain and Northern Ireland, who made his international debut at the London 2012 Paralympic Games. Sam is profoundly affected by cerebral palsy.

In his Paralympic debut in London, Sam ran a time of 13.92 in the T35 100m heats which left him only 0.600 seconds short of the final. Five days later, he returned to the Olympic Stadium in the T35 200m heats to run a new personal best of 28.75.

During the 2013-2014 season, he juggled events, competing at the 2013 IPC World Championships in to switch from track to field permanently for the 2015 season, to further his development in the lead up to the 2016 Paralympic Games and beyond towards Tokyo 2020.

A huge number of awards were handed out as well as students being made aware of who next year's Sports Captains and Vice Captains are.

#### Award winners were:

Sportswoman of the Year - *Eloise Cumming & Aimee Dexter* Sportsman of the Year - *Arthur Knight* Top GCSE PE Practical Award - *Jess Boxall* 

Top Sports Leaders - Megan Peel, Harley Stone, Sophie Baxter & Harry Bland

Contribution to School Sport: - Ellie-Mei Shepperson, Alicia LaRosa & Ben Carter

Most Improved Students: Kasey McEwan & Tyler Woodhouse





### West Norfolk Academies Trust news@stclements

## **PE@stclement's**

Vitrix Ludorum: Trinity Tokaji (1<sup>st</sup> in 100m, 200m, 1500m, javelin)

Victor Ludorum: Daniel Powell & Ollie Collison 39/40 pts (both achieved identical scores for the same events in years 8 & 9; 1<sup>st</sup> place 100m, 200m, hurdles & 2<sup>nd</sup> place discus)

Top Sporting House 2017-18: BRUNEL

School Team of the Year:

U14 Netball – WN Champions (3<sup>rd</sup> successive year) & county finalists

### FULL SPORTS COLOURS WERE AWARDED TO:

HARRY BLAND TIEGAN BRITTON LAUREN BULLOCK AIMEE DEXTER **BRADLEY FOXWELL** ZOE GRAHAM ELOISE RIX HARLEY STONE LIBBY EDWARDS HOLLY EVANS FLYNN MOTT ABI-LOU PAGE LIBBY POOLE **ELLIE-MEI SHEPPERSON** ELIZABETH WOOD







### West Norfolk Academies Trust news@stclements

## PE@stclement's





#### **SPORTS CAPTAINS FOR 2018-19**

This year's sports captains will be responsible for selecting & managing teams, alongside organising and running the house events.

	House	House		
	Sports Captains	Vice Sports Captains		
Austen	Meda Vitginyte	Fay Penny		
	&	&		
	Lucas Yeung	Thomas Arnold		
Brunel	Elizabeth Wood	Ellie-Mei Shepperson		
	&	&		
Churchill	Flynn Mott	Jack Mitchell		
	Abi-Lou Page	Molly Chase		
	&	&		
	Ben Carter	James Suckling		
Darwin	Holly Evans	Libby Poole		
	&	&		
	Harvey Bargewell	Darcy Moore		
Nightingale	Libby Edwards	Ellie Marshall		
	&	&		
	Matthew Bocking	Hayden Lawrence		

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## PE@stclement's







ST CLEMENT'S









## PE@stclement's

ROUNDERS RESULTS 2018 SEASON								
ST CLEMENTS AGE GROUP	NOOHLIWS	SPRINGWOOD	KRS	SACRED HEART	МАНИМО	KIA	TOTAL POINTS	
YR 7	WON 1714 - 5	108T 11-14	WON 21-17	N/A	N/A	WON 21 - 18	9	
Rayer of the Match	Lexie Halpin	Ellie Hemming	Trinity Iokaji			Katy Cesosy		
YR 8	LOST 9-1316	LOST 13-17	LOST 13% -18	WON 15% - 7%	LOST 13 - 3%	LOST 8 - 22%	3	
Rayer of the Match	McKenzie Sewell	McKeazie Sewell	McKenzie Jessie	McKenzie Sewell	Trinity Tokaji	Hermione Hammond		
YR 9	WON 16% - 11%	N/A	WON 22-17%	N/A	LOST 6% - 15%	WON 26% - 6	9	
Rayer of the Match	Libby Poole		Kasey McEwas		Keira Welham	Keira Mallam		
YR 10	N/A	WON 1334 - 8	WON 11% - 10	LOST 8 - 8%	N/A	LOST 15 - 16%	6	
Rever of the Match		Tyler Woodbouse	Lauren Bullock	Eloise Camming		Aimee Dexter		

### **County Fishing Final**

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## PE@stclement's

#### **Norfolk School Games Athletics Final at UEA**

From our success in the West Norfolk round of the Athletics, 13 of our students made it through to the county final at UEA on Thursday 21<sup>st</sup> June.

3 students represented West Norfolk for Discuss; Jesse Pack (yr8 Girls), Abi-Lou Page (yr9 Girls) & Arthur Knight (Yr10 Boys) who came 1<sup>st</sup> place with a throw of 32.30m. Also representing West Norfolk for throwing events were Will Penfold (6<sup>th</sup> Javelin) and Harvey Counsell (3<sup>rd</sup> Shot Put) both in year 7. Our remaining athlete in the field events was Jamie Ellis in yr7 High Jump with a best jump of 1.30m.

We had 2 distance runners both representing West Norfolk in the 1500m; Trinity Tokaji came 7<sup>th</sup> with a new school record of 6 mins 17.9 seconds, Harvey Counsell came 4<sup>th</sup>.

Five of our students sprinted for West Norfolk; Will Penfold was 5<sup>th</sup> in the yr7 boys 100m with a new school record of 12.86 seconds, Liam Clare was 8<sup>th</sup> in the yr8 boys 100m with a time of 13.2 seconds, Ruby Schwarz was 7<sup>th</sup> in the yr9 Girls 100m, Harvey Hemming was 4<sup>th</sup> in the Yr8 boys 200m and Ben Carter was 4<sup>th</sup> in the yr10 boys 300m with a time of 42.15 seconds.

Some of our students were then selected to represent West Norfolk in the relays with runners in the yr8 boys and yr9 girls relay teams, as well as the yr7 boys relay team who came 2<sup>nd</sup>.

Overall as a partnership West Norfolk came 3<sup>rd</sup> out of 8 partnerships only being beaten by South Norfolk (1<sup>st</sup>) and West Norwich & Dereham (2<sup>nd</sup>).



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## PE@stclement's





More photos of Norfolk School Games Athletics Final at the UEA.







## DofE@stclement's



This years Bronze Duke of Edinburgh expeditions were characterised by extreme weather conditions. For the practice expedition, which was a walk from Springwood to Sandringham, camping at Sandringham and walking back, participants had to endure a continuous deluge of rain. During the final expedition participants were walking in temperatures in the high 20's and they could not get enough water. All participants did really well, they overcame the rain, the high temperatures, the mosquitoes, the chemical toilet and the blisters upon the blisters. A thank you to everyone that volunteered and made it happen.



### thehead@stclement's

The final half term has certainly kept us busy, as soon as the Year 11 students completed their final exam all thoughts turned to the Prom. This evening started with the now traditional arrival at the school in all manner of vehicles. The students looked fantastic and the pride on the faces of family members was clear for all to see. The students were then taken to the Town Hall for the main party. It was a brilliant night and one I'm sure everyone will remember for some time to come. We all wish the class of 2018 the very best of luck for the summer results, and we look forward to seeing them in October for the GCSE presentation evening.

The 3am start to the French residential trip came as something of a shock to all involved. The students tell me they had a great time and my thanks go to the staff for giving up their weekend and working twelve days straight to make the trip possible, I know the students enjoyed it immensely.

The heat wave was still in its infancy when we held our Sports Day so competitors and spectators enjoyed a pleasant afternoon. Brunel were the clear winners but the competition was hard fought and more students than ever before took part. Sporting achievement was the theme for the night at the PE presentation evening, I am truly grateful to Sam Ruddock for his inspiring speech and genuine interest in the school and our students; we hope to welcome him back again soon.

The end of year fun walk has become something of a St Clement's High School tradition, and as I write this we are debating whether extreme heat may prevent or limit the event this year. All donations this year are going to the British Heart Foundation, in honour of a number of our families who have been significantly affected by Heart related conditions this year.

The end of an academic year is always tinged with sadness as we say goodbye to staff, this term we send our very best wishes with Miss Hammond and Mrs Burton the teaching assistants.

We also say farewell to Mr Williamson our Geography teacher who joined us to cover a maternity leave, his cheerful enthusiasm has brightened the lives of us all. Miss Ruskin has done a brilliant job in Art, covering a maternity post and although she is leaving us, she is staying within the Trust.

This year also brings the retirement of our much loved Asdan teacher Mrs Manning. Mrs Manning has been a part of our school community for over twelve years and I know she has made a great difference to the lives of many students in that time. She will be greatly missed.

The holiday beckons, and is sure to signal the disappearance of the now very familiar sunshine, but whatever you have planned, I wish you all a great summer and we'll see you all back at school in September.

