9<sup>th</sup> July 2018

Dear Parent/Carer

## SPONSORED FUN WALK

We are planning to hold our annual 'Sponsored Fun Walk' on Tuesday 24<sup>th</sup> July. We will use the same route as previous years, on a mixture of farm tracks and quiet roads around Terrington St Clement. The full route is just over 8 miles. There will be a shorter walk for those who feel unable to complete the full distance.

This year, Mr Bennell is offering the opportunity **to complete the course twice (16 miles)** to make it more challenging for some of the participants. The ride can be done on a mountain or road bike (not BMX style bikes). Bicycles must have working front and rear brakes. All cyclists must wear a helmet.

We are asking students to bring in £1 on the day. This money will be donated to the British Heart Foundation.

On return to the School, the canteen will be providing union jack bag meals for the price of £2.20. These will include chicken burger, chips and a drink or veggie burger, chips and drink. If your child is entitled to free school meals one will be provided for them. There will also be ice lollies, cakes and sandwiches etc for sale on the day.

I do need to stress the need for everyone taking part in the walk to be dressed and equipped appropriately, with the following points taken into consideration:

- Appropriate footwear NO flip-flops or flimsy shoes
- Sun protection a high-factor sun cream and cover for the head and shoulders
- A light raincoat in case of showers
- Suitable refreshments NO fizzy drinks, just fruit drinks or water

Yours sincerely

Mr L Feaviour Deputy Headteacher

\* **Delete as appropriate .** Please return to your for Tutor by Friday 13<sup>th</sup> July.

I give permission for my child......(Student's name) to take part on the Fun Walk / Bicycle\* ride on Tuesday 24<sup>th</sup> July.

Signed......(Parent/Carer) Dated.....