

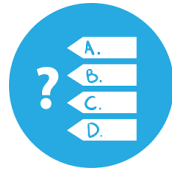
LONG TERM MEMORY



Retrieval Practice

Create your own quizzes based on topics.

Create them, test yourself or get someone to test you, it works!

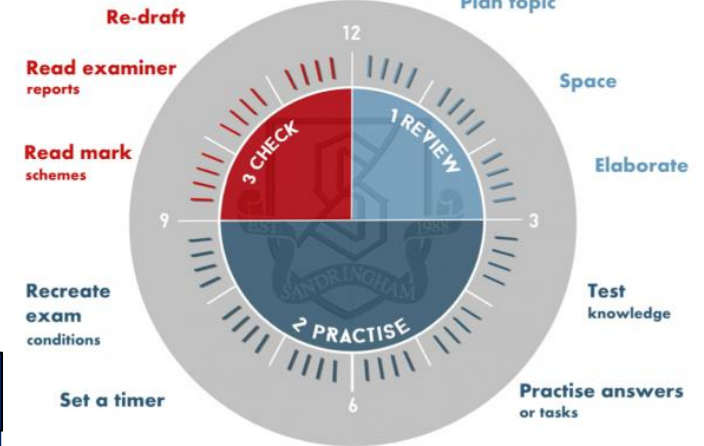


Deliberate Practice

Apply your knowledge

Revise it, practice exam questions and then go over using your notes, adding or redrafting!

THE MEMORY CLOCK



Answer Planning

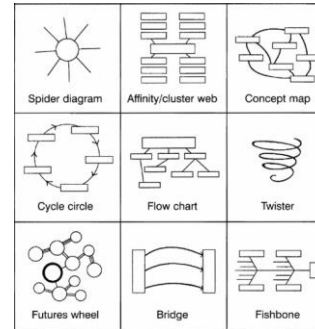
Practice planning exam question answers

Bullet point, speed plan and draft key paragraphs questions



Graphic Organisers

Transform the information into visual revision to create links, show a narrative, identify the causes, consequences and importance



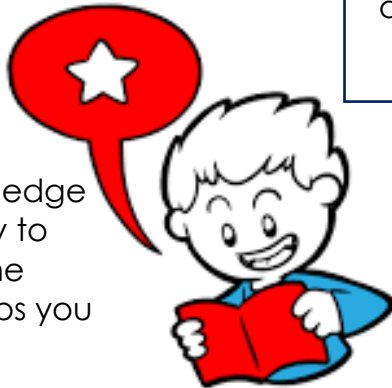
Flashcards



Create with questions on side and answers on the other side. Colour code specific topics and quiz yourself.

Read Aloud

Simply speak the facts and dates out loud as you're reading the Knowledge Organiser. Even try to act out some of the facts – it really helps you remember!



PRACTICE MAKES PERFECT

Practice!

Some find they remember by simply writing the facts over and over again.

Record It

Record yourself on your phone or tablet reading out the information. These can be listened to as many times as you want!



Sketch it

Draw pictures to represent each of the facts or dates. It could be a simple drawing or something that reminds you of the answer.



Hide and Seek

Read through your knowledge organiser / book, put it down and try and write out as much as you can remember. Then keep adding to it until its full!



Teach it!

Teach someone your key facts and the get them to test you, or even test them!

Post its

Using a pack of post-it notes, write out as many of the keywords or dates as you can remember in only 1 minute!