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### How we've worked with primary schools this term..

**Crucial Crew** – Hazel and Tory attended Letton Hall near Thetford as part of the multi-agency Crucial Crew event for schools in the Breckland area. They delivered a session to over 600 year six students about internet safety and sexting and had some interesting conversations. We found out that 96.2% have access to a mobile device, 83% enjoyed online gaming, 51% accessed TikTok, 28% used Instagram and 41.8% used Snapchat. It's worth remembering that TikTok, Instagram and Snapchat all have age restrictions set at 13 years.

Please see the section below about internet safety webinars for parents and carers and professionals in which we aim to provide advice and guidance about this issue.

# How we've worked with secondary schools this term...

**Key Messages** – As always, we've been delivering our key messages throughout this half term. These are: Internet Safety – Year 7 County Lines and Knife Crime – Year 8

Grooming – Year 9

Relationship Abuse – Year 10.

Hazel and Tory have really enjoyed going back into schools to deliver these, rather than doing them online as we feel they have much more impact in person. We reached over 7,000 pupils this half term.

**Reassurance Assemblies** – Some young people have recently expressed concerns to our Safer Schools Officers about knife crime in their local communities. It is very positive that these young people trust their Safer Schools Officers enough that they feel able to talk openly with them about their worries. We created a resource to be used by police officers in secondary schools which advised young people what to do if they have any concerns about this issue and reiterated the point that carrying knives is never the right thing to do.

Tory is leaving us! The fabulous Tory is leaving the team for pastures new! She's been amazing over the years and is always a friendly and engaging face around schools. Tory says: "keeping young people safe has always been close to my heart, so it has been an absolute pleasure to fulfil that during my role with the Youth Engagement Team. Keep safe guys!" Good luck Tory, from us all!

#### Internet Safety Webinars for Parents and Carers and Professionals.

It was Safer Internet Day on 8 February 2022. As a response to this, the Youth Engagement Team ran some Internet Safety Webinars for parents and carers and professionals. Our Safer Schools Support Workers, Tory and Hazel, discussed several topics and highlighted the things the police are most likely to deal with regarding young people and their internet use. These include the sharing of personal information, online bullying, harassment and sexting. We also discussed the steps we can all take to keep young people safe and signposted to other sources of help and advice. We had a lot of interest in these events and reached over 200 parents and carers. Some of you were unable to attend the webinars and we have had lots of requests to deliver more. Please follow our Twitter (below) and look out for emails sent from your school for information about upcoming events.

## STAY UP TO DATE WITH NORFOLK SAFER SCHOOLS



Follow us on Twitter @SaferSchoolsNfk

# Safer Schools Newsletter Spring Term 2022



Hi everyone! Here's an update on what we've been up to in the Safer Schools and Youth Engagement Teams this Spring term 2022.

If you have any comments or questions about the Newsletter or the sessions we deliver in schools, please email <u>sspteam@norfolk.pnn.police.uk</u> Norfolk Constabulary Safer Schools Team

Remember, safeguarding young people is everyone's responsibility **#SaferSchools** 

Norfolk Police Non-emergency 101 / Emergency 999

#### **Other Useful Information.**

**Mental Health and Wellbeing** - The team that bought you **Kooth**, the mental health and wellbeing service for young people, now have a service available to adults called **Qwell**. We're promoting both of these digital counselling and emotional wellbeing services as we all need a bit of support sometimes, regardless of our age. <a href="http://www.kooth.com">www.kooth.com</a> and <a href="http://www.kooth.com">www.qwell.io</a> to sign up.

#### Internet Safety –

Click <u>here</u> to access a guide about how to talk to your children about online sexual harassment. Go to <u>www.nationalonlinesafety.com</u> and <u>www.internetmatters.org</u> for advice and guidance about internet safety. Click <u>here</u> to report online sexual abuse to the Child Exploitation and Online Protection Command.



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