

# **PHYSICAL EDUCATION**

## **Extra-curricular clubs**

### **OCTOBER - FEBRUARY HALF TERM**

<b>MONDAYS</b>			
<b>3.15pm – 4.15pm</b>	<b>YR 7-11</b>	<b>KARATE CLUB</b>	<b>INSTRUCTOR AAR/SWO</b>
<b>TUESDAYS</b>			
<b>3.15pm – 4.15pm</b>	<b>YR 7-11</b>	<b>TRAMPOLINING KINBALL/VOLLEYBALL</b>	<b>AFR/AAR RPA/ROS</b>
<b>WEDNESDAYS</b>			
<b>3.15pm – 4.15pm</b>	<b>YR 7-11</b>	<b>BASKETBALL TABLE TENNIS</b>	<b>ROS/AFR</b>
<b>3-15-4.00pm</b> (November & February)	<b>YR 7-11</b>	<b>NETBALL COUCH TO 5KM</b>	<b>AFR/SWO HNO</b>
<b>THURSDAYS</b>			
<b>3.15pm – 4.15pm</b>	<b>YR 7-11</b>	<b>BADMINTON</b>	<b>ROS/SWO</b>
<b>3-15-4.00pm</b> (November & February)	<b>YR 7-11</b>	<b>FOOTBALL HOCKEY</b>	<b>AAR/JCO AFR/MFO</b>

**Clubs are open to all years & genders** (Unless stated next to the activity) and **open to everyone** (NOT just team players)

Where appropriate, students will be separated into key stages to participate.

**See the PE Department if you require further information.**