



TALKING FUTURES PARENTS' and CARERS' CAREERS INFORMATION



ST CLEMENT'S
HIGH SCHOOL

MAY 2022

What you need to know

- Introduction to education and careers options – including GCSE and post 16 options and an overview of the support we offer to help you and your child make decisions
 - How you can help your child make decisions that are right for them
 - Where you can find further information and support and who to contact if you have questions
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EDUCATION AND CAREERS OPTIONS AN OVERVIEW



Think about your plans

No idea what you want to do after your GCSEs or what GCSEs to choose?

Don't worry, choose a mix of GCSE subjects to give yourself as many different options as possible.

If you like one of your GCSE subjects and are looking for ideas of what careers or courses it could lead to log into Unifrog and use the **Subject Library tool**.

Complete the **Personality Profile Quiz**, **Interests Profile Quiz** and **Work Environments Profile Quiz**. These will provide you with some options of careers to explore and the subjects you may need.

If you have an idea of a job or job sector you think might suit you then check out the **Careers Library Tool**

What we offer

- As part of the Skills Builder Partnership program we aim to enable our students to develop the Essential Skills that employers want employees to have alongside their academic achievements.
- Initially introduced by tutor led activities the students will be encouraged to work on these independently and be able to evidence how they have achieved each skill and how they can use them across all subjects.
- We utilise the Careers Google Classroom to post independent tasks, students can work at their own pace and select which skill they would like to work on first, or which one they feel they need to develop after benchmarking where they think they are now.



What we offer

Using Unifrog to explore your options

You should all have your log in to Unifrog. There are two ways you can use this to help you choose your GCSE options

Careers library

✓ Careers favourited

Go to tool >

Method 1

*I know the job
or industry I
want to work in
after school.*



Method 2

*I have no idea
what I want to
do after school!*



Interests profile

✓ Quiz last taken 23 Nov 21: A and E and S

Start >

- Unifrog believe that destinations - where students end up after school - is even more important than their academic performance. They partner with schools to support students to progress into the best opportunity for them.
- Unifrog do this by providing a one-stop-shop where students can explore their interests, then find and successfully choose their next steps at each transition.

What's next?

- Young people in England are required by law to stay in education or training until age 18.
- There are a range of options available including traineeships, apprenticeships, vocational qualifications, A-levels and the new T-level qualification
- There is a lot to consider when making this decision - here is an overview of the options and things to think about.

Your next step will help shape your options at age 18 and beyond.

There are lots of options to choose from so think about these key questions to get you started...

Where do I want to go? (Location)
 What's important to me? (Values)
 What is an offer (locally)?
 Where can I find out more about my options?
 Who can help me find out more?

What does life at 18 look like?

Working full-time

Studying full-time

Combination of work and study

some options 'go 16 to start exploring'

A T-LEVEL is a two-year course, which has been designed with employers to provide you with the right knowledge and skills to get started in a particular career.

Examples of T-levels include digital design development and production or design, surveying and planning for construction.

APPRENTICESHIPS combine practical training in a paid job with study so you can earn while you learn.

A-LEVELS are a two-year course, usually you pick three subjects to study, which are equivalent to one T-level.

Other options to consider include BTECs, traineeships and more.

What we offer

Year 10

Enrol new students on Unifrog, complete the Interests and Personality Profile Quiz leading to the introduction to the Unifrog Careers Library

Tutor time Careers activities - see curriculum plan for content

Careers assemblies with guest speakers

Student Ambassadors from local Post 16 providers

Attendance of careers advisor at parent's evening

1-2-1 or small group diagnostic careers meeting with careers adviser for target groups

Post 16 provider visits

Assembly from SHS, CWA, Apprenticeships & Independent Training Provider

Workshops in: Apprenticeships, Options, Qualifications Framework

Work Experience – Virtual for majority

University visit for all students

Year 11

Enrol new students on Unifrog, complete the Interests and Personality Profile Quiz leading to the introduction to the Unifrog Careers Library

Tutor time Careers activities - see curriculum plan for content

Careers assemblies with guest speakers

1-2-1 or small group diagnostic careers meeting with careers adviser for target groups

Mock interview - Rotary Club, local employers, Barclays Life Skills

Apprenticeship workshop for focused students

Completion of Post 16 applications

Workshops as required in stress management, exploring websites, CV writing, Exploring HE, Getting around UCAS

Attendance of careers advisor at parents' evening

Post 16 options – 1:1 Careers Guidance Interviews

What we offer

What to expect from your careers appointment

- The aim of the careers appointment is to help you move forward. It is not to tell you what to do or do it for you! You can have more than one appointment if needed

Your appointment can help you with

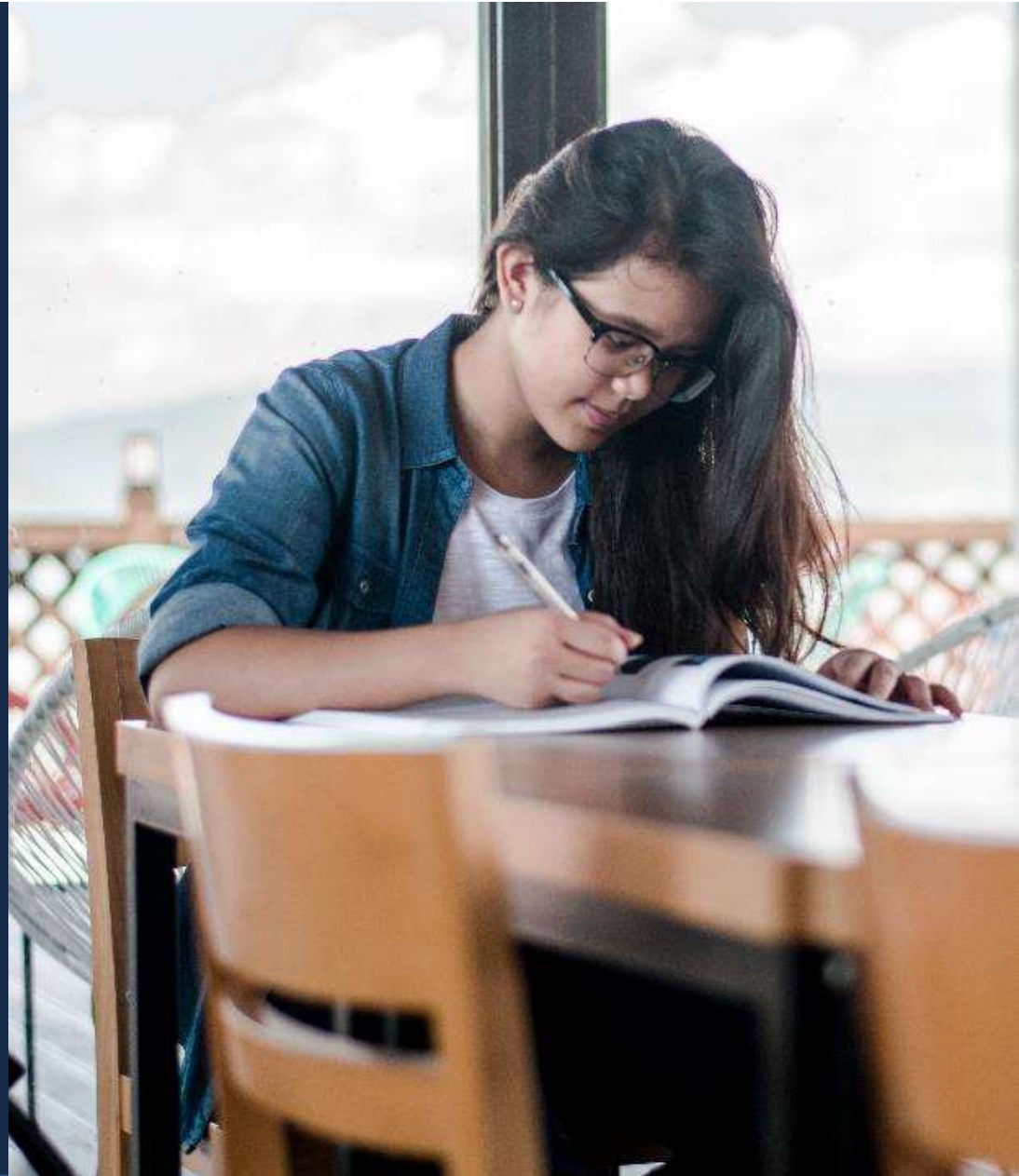
- Exploring options available to you
 - Researching where to look for information and supporting decision making
 - Managing setbacks and strategies to move forward
 - Plan your career ideas and help you realise them
 - Decide on an action plan for you to work on with the support that is needed
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What we offer

To make the most of your careers appointment

- Write down what you want to discuss before you come to the interview, include any specific questions
 - Discuss your ideas with significant people around you – family, carers, friends
 - Make a list of things that you are really good at, think about both academic areas and skills, include things in and out of school
 - Use internet resources such as Unifrog, Skills Builder, UCAS or take the National Careers Quiz to discover your skills
 - Talk to your tutor or your subject teachers
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**CAREERS
DECISION-MAKING
HOW CAN YOU
HELP?**



How can you help?

As parents and carers, you will have the opportunity to support your child's decision making at several points in their education, and these decisions will impact their future career choices.

So how can you help them make decisions that are right for them?

- Talk regularly about careers, aspirations and interests as part of everyday conversation, not just at key decision-making points.
 - Share your experiences, the choices you made and your skills with your child, whether you currently are in work, you are a full-time parent, you are seeking work or you are retraining.
 - Encourage your child to be curious and work with them to research their options even if you don't know the answers yourself.
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**OPTIONS AND
CAREERS
FINDING FURTHER
INFORMATION**



Using Talking Futures

- Talking Futures has a range of resources to help you do further research and develop your careers conversations:
- Activities to try at home include:
 - Creating a family action plan to map out what you will do to explore the different options.
 - Supporting your child to complete a pathway planner to help them to consider all the decisions they need to make and who they need support from.
 - A conversation starter activity to prompt your discussions with your child.
- Resources and information including the films and more information on the routes available and external sites that can provide more detail.

www.talkingfutures.org.uk/parents/

Useful sites

- unifrog.org
- skillsbuilder.org/benchmark
- parentalguidance.org.uk
- icanbea....
- ucas.com/careers-advice
- nationalcareers.service.gov.uk
- apprenticeships.gov.uk
- tlevels.gov.uk

You can contact

- Ms Wagstaff at St Clement's High School
- Email iag@stclements.org.uk