

YEAR 7 CURRICULUM PLAN (A/B/E & C/D)

CLASSES - A/B/E

LESSON 1	LESSON 2	LESSON 3	LESSON 4
1 TUES 3 AFR/AAR/ROS	1 THUR 1 AFR/AAR/ROS	2 MON 5 AFR/AAR/ROS	2 WED 3 AFR/AAR/ROS
TEACHER & CLASS	AFR - B	AAR - A	ROS - E
COMPULSORY ACTIVITIES (6 LESSONS PER ACTIVITY)			
AUTUMN 1	NETBALL	BASKETBALL	RUGBY
AUTUMN 2	HOCKEY	RUGBY	BASKETBALL
AUTUMN 3	DANCE	HOCKEY	DANCE
SPRING 1	BASKETBALL	NETBALL	HOCKEY
SPRING 2	RUGBY	DANCE	NETBALL
SUMMER 1+2	ATHLETICS x3	ATHLETICS x3	ATHLETICS x3
	ROUNDERS x1	ROUNDERS x1	ROUNDERS x1
OPTION ACTIVITIES			
SUMMER OPTION	LAST 4 WEEKS OF SUMMER TERM (6 LESSONS)		
	SELECT 1; CRICKET SOFTBALL TENNIS TABLE TENNIS		
ENRICHMENT	LAST 2 WEEKS OF AUTUMN & SPRING TERM (TOTAL; 6 LESSONS)		
	SELECT 1; TRAMPOLINING BADMINTON FOOTBALL		
EXAM	NOV & FEB MOCK WEEKS (TOTAL; 6 LESSONS)		
	SELECT 1; CROSS COUNTRY FOOTBALL HOCKEY RUGBY NETBALL		

CLASSES - C/D

LESSON 1	LESSON 2	LESSON 3	LESSON 4
1 MON 5 AAR/ROS	1 WED 3 AFR/ROS	2 MON 2 AFR/ROS	2 THUR 4 AFR/ROS
TEACHER & CLASS	AFR - D	AAR - D	ROS - C
COMPULSORY ACTIVITIES			
AUTUMN 1	RUGBY	HOCKEY	HOCKEY
AUTUMN 2	NETBALL	DANCE	DANCE
AUTUMN 3	DANCE	RUGBY	RUGBY
SPRING 1	BASKETBALL	NETBALL	NETBALL
SPRING 2	HOCKEY	BASKETBALL	BASKETBALL
SUMMER 1+2	ATHLETICS x3	ATHLETICS x3	ATHLETICS x3
	ROUNDERS x1	ROUNDERS x1	ROUNDERS x1
OPTION ACTIVITIES			
SUMMER OPTION	LAST 4 WEEKS OF SUMMER TERM (6 LESSONS)		
	SELECT 1; CRICKET SOFTBALL TENNIS ULTIMATE FRIZBEE		
ENRICHMENT	LAST 2 WEEKS OF AUTUMN & SPRING TERM (TOTAL; 6 LESSONS)		
	SELECT 1; TRAMPOLINING BADMINTON FOOTBALL		
EXAM	NOV & FEB MOCK WEEKS (TOTAL; 6 LESSONS)		
	SELECT 1; CROSS COUNTRY FOOTBALL HOCKEY RUGBY NETBALL		