

# YEAR 10 CURRICULUM PLAN (1/4/5 & 2/3)

## CLASSES 1/4/5 (10A & 10B Options; extra core lesson)

TEACHER & CLASS	AFR - A1 & B1	AFR - 4			AAR - A2 & B2	AAR - 1			ROS - 5		
LESSON	1 FRI 4/2 THU 1	1 MON 3	1 THUR 4	2 WED 1	1 FRI 4/2 THU 1	1 MON 3	1 THUR 4	2 WED 1	1 MON 3	1 THUR 4	2 WED 1
<b>COMPULSORY ACTIVITIES</b>											
AUTUMN 1	SPORTS LDR	OPTION 1			SPORTS LDR	OPTION 1			OPTION 1		
AUTUMN 2		OPTION 2				OPTION 2			OPTION 2		
SPRING 1		OPTION 3				OPTION 3			OPTION 3		
SPRING 2		OPTION 4				OPTION 4			OPTION 4		
SUMMER 1+2		ATHLETICS & OPTION 5				ATHLETICS & OPTION 5			ATHLETICS & OPTION 5		
<b>OPTION ACTIVITIES</b>											
AUTUMN/SPRING OPTION	DIFFERENT ACTIVITY COMPLETED IN AUTUMN 1, AUTUMN 2, SPRING 1 & SPRING 2										
	SELECT 4; BADMINTON FOOTBALL FITNESS TABLE TENNIS DODGEBALL CIRCUITS NETBALL HOCKEY RUGBY AEROBICS										
SUMMER OPTION	ONE ACTIVITY SELETED FOR SUMMER TERM										
	SELECT 1; CRICKET SOFTBALL TENNIS ULTIMATE FRIZBEE										
ENRICHMENT	LAST 2 WEEKS OF AUTUMN & SPRING TERM (TOTAL; 6 LESSONS)										
	SELECT 1; TRAMPOLINING VOLLEYBALL FOOTBALL										
EXAM	NOV & FEB MOCK WEEKS (TOTAL; 6 LESSONS)										
	SELECT 1; CROSS COUNTRY RUGBY NETBALL FOOTBALL HOCKEY										

## CLASSES 2/3 (10A & 10B Options; extra core lesson)

TEACHER	AFR - A1 & B1	AFR - 3			AAR - A2 & B2	ROS - 2			N/A		
LESSON	1 FRI 4/2 THU 1	1 WED 1	1 FRI 1	2 TUR 2	1 FRI 4/2 THU 1	1 WED 1	1 FRI 1	2 TUR 2	N/A		
<b>COMPULSORY ACTIVITIES</b>											
AUTUMN 1	SPORTS LDR	OPTION 1			SPORTS LDR	OPTION 1			N/A		
AUTUMN 2		OPTION 2				OPTION 2					
SPRING 1+2		OPTION 3				OPTION 3					
SPRING 1+2		OPTION 4				OPTION 4					
SUMMER 1+2		ATHLETICS & OPTION 5				ATHLETICS & OPTION 5					
<b>OPTION ACTIVITIES</b>											
AUTUMN/SPRING OPTION	DIFFERENT ACTIVITY COMPLETED IN AUTUMN 1, AUTUMN 2, SPRING 1 & SPRING 2										
	SELECT 4; BADMINTON FOOTBALL FITNESS TABLE TENNIS DODGEBALL CIRCUITS NETBALL HOCKEY RUGBY AEROBICS										
SUMMER OPTION	ONE ACTIVITY SELETED FOR SUMMER TERM										
	SELECT 1; CRICKET SOFTBALL TENNIS ULTIMATE FRIZBEE										
ENRICHMENT	LAST 2 WEEKS OF AUTUMN & SPRING TERM (TOTAL; 6 LESSONS)										
	SELECT 1; TRAMPOLINING VOLLEYBALL FOOTBALL										
EXAM	NOV & FEB MOCK WEEKS (TOTAL; 6 LESSONS)										
	SELECT 1; CROSS COUNTRY RUGBY NETBALL FOOTBALL HOCKEY										