

# YEAR 10 CURRICULUM (MIXED ABILITY & GENDER GROUPS)

Groups (1/4/5)	AAR GP 1; REPORTS AAR				AFR GP 4; REPORTS LFE				ROS GP 5; REPORTS ROS			
Period	1 WED 4 (NO VH)	1 FRI 4	2 TUE 1	2 THU 3	1 WED 4 (NO VH)	1 FRI 4	2 TUE 1	2 THU 3	1 WED 4 (NO VH)	1 FRI 4	2 TUE 1	2 THU 3
Autumn 1	SPORTS LEADER & MULTI-SPORT				SPORTS LEADER & MULTI-SPORT				SPORTS LEADER & MULTI-SPORT			
Autumn 2	SPORTS LEADER	ROUTE 1		SPORTS LEADER	ROUTE 2		SPORTS LEADER	ROUTE 3				
		BOXERCISE (VH - AAR)			TABLE TENNIS (SH - AFR)			DOGEBALL (SH - ROS)				
Autumn Enrichment last 2 weeks; TRAMPOLINING (AAR) BASKETBALL (AFR) FOOTBALL (ROS)												
Spring	AEROBICS (SH - AFR) CIRCUIT TRAINING (VH/SH - ROS)				VOLLEYBALL (SH - ROS) BADMINTON (SH - AAR)				FOOTBALL (F - AAR) HOCKEY (F - AFR)			
Spring Enrichment last 2 weeks; TRAMPOLINING (AAR) BASKETBALL (AFR) FOOTBALL (ROS)												
Summer	SPORTS LEADER Toplink	ATHLETICS (AAR) ROUNDERS (AFR) TENNIS (ROS)		SPORTS LEADER Toplink	ATHLETICS (AFR) TENNIS (ROS) ROUNDERS (AAR)		SPORTS LEADER Toplink	ATHLETICS (ROS) CRICKET- AAR SOFTBALL (AFR)				
WINTER EXAM PERIODS; SPORTS LEADER THEORY/HEALTH WALK/FOOTBALL												

Groups (2/3)	ROS GP 2;    REPORTS ROS				AFR GP 3;    REPORTS AFR			
Period	1 WED 2	1 FRI 5	2 TUE 4	2 THU 5	1 WED 2	1 FRI 5	2 TUE 4	2 THU 5
Autumn 1	SPORTS LEADER & MULTI-SPORT				SPORTS LEADER & MULTI-SPORT			
Autumn 2	SPORTS LEADER	ROUTE 1 OR ROUTE 3 (TBC)			SPORTS LEADER	ROUTE 1 OR ROUTE 2 (TBC)		
		DODGEBALL (SH) OR BOXERCISE (VH)				TABLE TENNIS (SH) OR BOXERCISE (VH)		
Autumn Enrichment last 2 weeks; TRAMPOLINING (AFR) BASKETBALL (ROS)								
Spring	FOOTBALL (F) OR AEROBICS (SH) HOCKEY (F) OR CIRCUIT TRAINING (VH/SH)				VOLLEYBALL (SH) OR AEROBICS (SH) BADMINTON (SH) OR CIRCUIT TRAINING (VH/SH)			
Spring Enrichment last 2 weeks; TRAMPOLINING (AFR) BASKETBALL (ROS)								
Summer	SPORTS LEADER Toplink	ATHLETICS CRICKET OR ROUNDERS SOFTBALL OR TENNIS			SPORTS LEADER Toplink	ATHLETICS TENNIS OR ROUNDERS ROUNDERS OR TENNIS		
		WINTER EXAM PERIODS; SPORTS LEADER THEORY/HEALTH WALK/FOOTBALL						

(HC; HARDCOURTS)

(F; FIELD)

(SH; SPORTSHALL)

(VH; VILLAGE HALL)